

AMERICAN BEHAVIORAL HEALTH SYSTEMS, INC. (ABHS)

DEPARTMENT – FOOD SERVICES

JOB DESCRIPTION

Position Title: Cook

Position Type: Full Time/ Hourly

Reports To: Food Service Supervisor

Job Summary:

The Cook is responsible for the preparation of high-quality meals for patients and staff in a behavioral health facility. The Cook will be responsible for ensuring that all meals are prepared and served on time and meet the nutritional needs of patients. The Cook will also be responsible for maintaining a clean and sanitary kitchen environment.

Responsibilities:

- Prepare meals for patients and staff in accordance with established menus and recipes.
- Ensure that all meals are prepared and served on time.
- Maintain a clean and sanitary kitchen environment, including cleaning and sanitizing equipment and work surfaces.
- Maintain inventory levels of food and supplies, and order as needed.
- Ensure that all meals meet the nutritional needs of patients, and accommodate special dietary needs as required.
- Ensure compliance with all health and safety regulations, including obtaining a food handlers card and maintaining good personal hygiene.
- Obtain agency affiliated credential through the Department of Health.
- Understand 42 CFR and ensure compliance with all regulations and protect client's confidentiality.
- Always maintain a positive and professional attitude.
- Perform other related duties as required.

Qualifications:

- High school diploma or equivalent required.
- Minimum of one year of experience in food service, preferably in a healthcare or behavioral health setting.
- Must have a valid food handlers' card or ability to obtain before 1st day of employment.
- Must be able to work effectively as part of a team.
- Ability to read and follow recipes and menus.

Physical Requirements:

- Regular standing and walking are essential functions of this job.
- The employee must be able to use their hands to handle objects, tools, and controls with dexterity and precision.
- Lift and/or moving of up to 50 pounds is required, which may involve bending, reaching, and twisting.

Working Conditions:

- Moderate noise (Inpatient residential treatment facility, light to moderate traffic)
- The work environment is a healthcare facility that may include exposure to infectious materials, hazardous substances, and odors.

This job description is not intended to be all-inclusive. The employee may perform other related duties as required to meet the ongoing needs of the organization.