

AMERICAN BEHAVIORAL HEALTH SYSTEMS, INC. (ABHS)

DEPARTMENT – CLINICAL

JOB DESCRIPTION

Position Title: Mental Health Professional

Job Type: Full-time/Hourly

Reporting to: Clinical Supervisor

Job Summary:

A Mental Health Professional is responsible for providing support and treatment to patients with mental health issues. They will assess patient needs, develop treatment plans, and monitor progress. The position requires strong communication and interpersonal skills, the ability to work independently and as part of a team, and the ability to manage time effectively. The role may involve working with patients from diverse backgrounds and with a range of mental health conditions. Additionally, the position may require the ability to work under pressure and handle challenging situations.

Responsibilities:

- Conduct mental health assessments and create individualized treatment plans for clients.
- Provide individual and group therapy sessions to clients.
- Monitor and document client progress in electronic ABHS records system.
- Work collaboratively with interdisciplinary team to provide coordinated care to clients.
- Develop and facilitate psychoeducational groups to enhance clients' coping skills.
- Participate in regular supervision and team meetings to ensure high-quality care delivery.
- Provide crisis intervention and de-escalation as needed.
- Comply with all ethical and legal guidelines, including HIPAA regulations.

Qualifications:

- Master's degree in counseling, social work, or psychology.
- Meet the Washington State Department of Health (DOH) requirements for an Agency Affiliated Counselor or higher and Mental Health Professional (MHP) as per WAC 388-877.
- Knowledge of evidence-based practices in mental health and substance abuse treatment.
- Ability to work effectively in a fast-paced environment.
- Excellent communication and interpersonal skills.
- Strong organizational skills and attention to detail.
- Ability to maintain professional boundaries and adhere to ethical standards.
- Willingness to participate in ongoing professional development and training.

Physical Requirements:

- Must be able to use computer, keyboard and monitor for long periods of time.

Work Environment:

- The work environment is a healthcare facility that may include exposure to infectious materials, hazardous substances, and odors.
- The noise level in the work environment is usually moderate to loud.

This job description is not intended to be all-inclusive. The employee may perform other related duties as required to meet the ongoing needs of the organization.